



- Olympic Triathlon - 1000m swim, 18mi bike, 5.5mi trail run
- Sprint Triathlon - 500m swim, 12mi bike, 3mi trail run
- Olympic Aquabike - 1000m swim, 18mi bike
- Sprint Aquabike - 500m swim, 12 mile bike
- Super Sprint - 200m swim, 6mi bike, 1.5mi trail run

TRI - OVERVIEW

HOLLY RECREATION AREA

HOLLY, MI

